



BEFORE YOUR PROCEDURE INSTRUCTIONS

If these instructions are not followed, you or your child's procedure may be re-scheduled for another day or delayed for many hours.

For Infants

- **Stop Formula: 6 hours** before your arrival time.
- **Stop Breast Milk: 4 hours** before your arrival time.

For All Patients

- **No food** after **midnight** the day prior to surgery, including candy, mints, or chewing gum.



- If you are the **FIRST ADULT** patient of the day, or if your doctor has requested us to do so, the Pre-Admission Nurse will instruct you **NOT TO DRINK AFTER MIDNIGHT**.
- **Otherwise, stop 8 ounces of clear fluids: 2 hours** before your arrival time. **Clear Fluids are Water, Apple Juice, Pedialyte (except RED colored Pedialyte) or Gatorade (except RED colored Gatorade) ONLY! (8 ounces = 1 cup).**

For your safety, all jewelry and piercings must be removed. No plastic spacers allowed when piercing is near an airway such as a nose, lip, or mouth.

Kindly arrive on or before the time that is given to you the day before surgery.

Any questions, please contact the Pre-Admission Nurse – Monday through Friday:

- 856-247-7835
- 856-247-7855

For additional information, please visit our website at: <http://www.summitsurgicalcenter.net>



LOCAL ANESTHESIA

1. You may eat a light meal 3 hours prior to arrival.
2. You may take all medications.
3. You may drive yourself home.
4. Do not bring valuables except your insurance card and co-pay.
5. Wear comfortable clothes, no perfume or jewelry and not hair products.

STEREOTACTIC BIOPSY

1. You may have a light meal and liquids up until the time of your biopsy. Keeping mind you will be laying on your stomach.
2. You may take all your medications.
3. If you are able to, wear comfortable clothes such as a loose top, and a good supportive bra such as sports bra without underwire.
4. Bring your mammograms with the report, insurance card, photo ID, and co-pay (if any).
5. You may drive yourself.
6. You may take prescribed tranquilizers before leaving the house only if you have a driver.
7. You will be here about 2 ½ hours; the procedure itself is about 45 minutes.
8. The Stereotactic table has a weight limit of 300 lbs.
9. You may wear make-up, hair spray, deodorant